



Saydel High School

Big City Opportunities, Small Town Commitment for Students

October 2017 Newsletter

Upcoming Events

Saydel High School

OCTOBER 23, 2017

School Board Meeting, 6 PM

OCTOBER 25, 2017

Athletic Boosters Meeting in Library, 6 PM

OCTOBER 28, 2017

8th Grade Pancake Breakfast Fundraiser for Trip to Washington, D.C., 7-11 AM at Delaware Township Fire Station

NOVEMBER 2, 2017

Music Boosters Meeting in Music Room, 6:30 PM

NOVEMBER 2 & 3, 2017

High School Play in Auditorium, 7 PM

NOVEMBER 6, 2017

Board Work Session, 6 PM

NOVEMBER 15, 2017

Athletic Boosters Meeting in Library, 6 PM

NOVEMBER 22-24, 2017

Thanksgiving Break



School Hours

SAYDEL HIGH SCHOOL

7:45 AM - 2:45 PM

Wed.: 8:45 AM - 2:45 PM

NOTE: Each Wednesday school begins one hour later for teacher in-service.

MISSION: Serving the Unique Learning Needs of Each & Every Student

Principal's Message

During parent teacher conferences this past week, I was speaking with a student and her mom. We were discussing classes for her senior year. I found myself in a conversation that I frequently have with students. I was passionately describing the need to view the years in high school as time to prepare for life. "This is the time to challenge yourself because now is when you need to prepare for when there is less support." I continued by sharing, "We spoke about taking AP Government last year and this would be a great way to challenge yourself."



Principal Kevin Schulte

This is an example of one of the many courses that we have added over the past several years as a way to better prepare students for life after high school. In this newsletter you will find information about the AP classes we offer on our campus. Students can earn college credit for each of these classes by earning a qualifying score on the AP tests taking place this spring.

AP courses are one way we have increased choices to challenge students. We have also made a concerted effort to match other courses to skills and knowledge students need after high school. We have implemented courses with a focus on healthcare, restaurant management, entrepreneurial skills, and skilled trades.

As you engage in conversations with your student about life after high school, I encourage you to emphasize the importance of taking on challenges while in high school. These are the challenges that will play a huge role in helping ensure your student is prepared for post-secondary options. Here are a couple things to consider as you engage in these conversations with your student. First, have a realistic understanding of your child's capabilities. Second, have an understanding of the demands these challenges place on your child. The best way to do this is to become educated about opportunities through conversations with teachers, coaches and administrators. As always, please reach out if you have questions about courses or how to best challenge your student.

AP Opportunities at Saydel High School

AP Biology, Mr. Justin Blake

In AP Biology, we delve into concepts and laboratory methods more deeply to prepare students for college level expectations. The lab activities that we engage with in class will give students transferrable skills and real experiences to draw from. Meanwhile, high expectations for lab reports and

Continued on page 2...

Principal's Letter

continued from page 1...

other written assignments help students develop communication skills that will aid them in college and beyond. By challenging students to do more with their knowledge and skills and helping them develop high expectations for themselves, we prepare students for what comes next.

AP Spanish Culture and Civilization, Mrs. Cheryl Smith

AP Spanish Culture and Civilization is equivalent to a third-year college course in Advanced Spanish language skills. We speak almost exclusively Spanish and use authentic materials from many countries. A significant portion of the course prepares students to speak and write on academic topics. Among the topics we examine are: how borders and walls artistically reflect the culture of a place, what roles outside forces play in forming a personal identity, how geography plays a part in a culture's food and traditions, global responsibilities in the face of injustice, the influence a family can play in personal and romantic relationships, and how technology shapes and reflects culture and many more topics.

AP Government, Ms. Ashley Gilles

AP Government and Politics will prepare students for college by teaching them how to engage in civic dialogue, gain a perspective on government and politics in the United States and an ability to interpret our government. Some topics that will be covered in our class are constitutional underpinnings, public policy, civil rights and liberties and more. This class prepares the students for college and the "real world" by giving them the information they need to be well-informed American citizens.

AP English Language and Composition, Mrs. Kari Fokken

Critical reading and reasoning skills have become perhaps more vital than they have ever been in our lifetimes. AP English Language and Composition is designed to teach the skills students will need to succeed in a college-level writing course and to act as critically reasoning citizens in a democratic society. This year we will work together to discuss and analyze writing as well as develop students' ability to craft an argument, synthesize sources, and conduct research at an advanced level. We will also cultivate media literacy by studying the rhetoric of visual media through art, photos, commercials (print and video), documentary films, and political cartoons. Students enrolled in the course will earn credit for Composition 105 through DMACC and have the potential to earn more credit by taking the AP English Language & Composition exam in May.

AP Studio Art, Mrs. Lindsay Dew

The AP Studio Art course is a rigorous and focused study in 2D art where originality, style and creativity shine through. Students will develop a quality portfolio that demonstrates a mastery of concept, composition and execution in drawing, painting and mixed media. This course is based on art students creating a body of 24 pieces of work that demonstrates quality, concentration and breadth. This portfolio will be submitted to the College Board for possible college credit. In the past, AP Studio Art participants held a high passing rate percentage with an outstanding showcase of work for not only this course but for application to college scholarships, as well.

Grab Your Favorite Costume & Run In the Monster Dash!

Oct. 21 at 9:30 AM at
Saydel High School Stadium

Join us for the 4th annual Monster Dash 5K/1 Mile walk/run which will take place October 21 at 9:30 am. Both road races will begin and end at Saydel High School in Des Moines, IA. Runs will be timed with results posted the day of race. Runners are encouraged to wear their favorite costumes with prizes going to the best costumes.

All runners will receive a long sleeve dry fit shirt. All finishers will receive a medal in recognition of their efforts. Packet pickup will occur the day of the race from 8:30 am through 9:15 am. Run if you dare! Race event information and photos will be posted to <https://www.facebook.com/events/1501109363545290/> Race results will be posted at www.onlineresults.com.

Registration fees are \$15 for students and \$22 for adults. Sign up online at <https://secure.getmeregistered.com/monsterdash>

Thank you Monster Dash sponsors: Capital City Equipment, Skywalk Global, and Rogers Septic LLC.



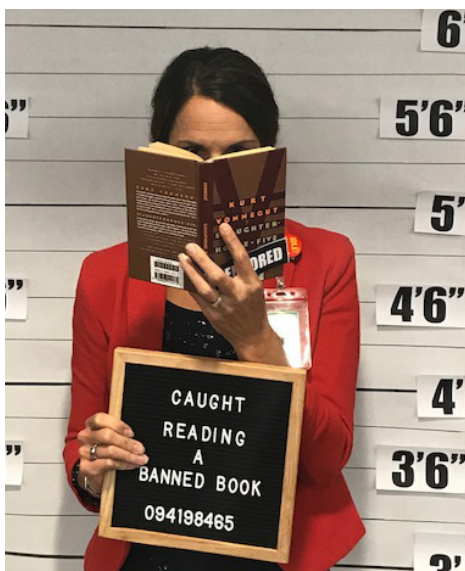
Fundamentals of Reading

By Brenda Brown, Reading Interventionist

Fundamentals of Reading students have completed the first unit of the school year and began transitioning into unit two just before conferences. Students are finding creative ways to implement Informational Standards into their agenda while making direct connections to Literature Standards. They have a "Character Tree" on display and create individual leaves to represent each character using the S.T.E.A.L. Analysis activity. Fluency rates are beginning to increase while some of the students are actually becoming pleasure readers.

CAUGHT! Reading Banned Books

Teachers and students at Saydel High School celebrated Banned Books Week recently. This week celebrates the freedom to read. The books that the teachers and students are reading have all been challenged or banned by other school districts, public libraries, and other institutions. We discovered that when you read, words have power!



Teacher of the Month

Students nominated teachers for this recognition. Students shared several things about Mrs. Tristen Ingle:

- "Her hard work in making the content easy for students to understand."
- "Being my school mom and always caring for us."
- "She goes the extra mile to help me understand physical science."

Congratulations Mrs. Ingle!



Subscribe to receive all of Saydel's newsletters by emailing newsletter@saydel.net.

Saydel Booster Memberships

Thanks to the following businesses and individuals who support the Saydel Athletic Boosters through membership.

BUSINESS PLATINUM EAGLE

Rising Star/All Iowa Stone & Gutter
The Results Group, L.L.C.
R Rogers Septic LLC
Jason's Lawn & Tree Care
Goode Greenhouses
Teddell Electric
Wee's Tees
Power Systems
The Rasmussen Group, Inc.
Complete Plumbing Services
Stone & Gutter

BUSINESS GOLD EAGLE

Heartland Chiropractic & Wellness Ctr.
Capital City Equipment Co.
Iowa State Bank
Wicks Homes LLC
Sassman Glass & Mirror
Walker Construction & Painting

BUSINESS GREEN EAGLE

North Ankeny HyVee

BUSINESS SILVER EAGLE

Schneider Graphics
Struther Brothers Kawasaki-Suzuki
American Rolloffs Inc.
Pearson Dirtwork & Trucking Inc.
Pizza Ranch (Ankeny)
Ferrellgas

INDIVIDUAL GOLD EAGLE

Doug & Sue Cline
Kelly & Mary Scott
Kevin & Kelly Schulte
Rollie C. Madison
Brian & Lori Bowman
Doug & Elizabeth Wheeler

INDIVIDUAL SILVER EAGLE

Missy Burr
Joshua & Denna Heyer
Ruth Kouski

INDIVIDUAL PLATINUM EAGLE

Corey Myers
Scott Myers

Saydel High School Guidance Update

By Shannon Larson, Guidance Counselor



October and November can be very busy months in the lives of seniors preparing for college. If seniors have not yet scheduled college campus visits, they definitely need to get on campuses to see what colleges have to offer and to see if it is a good fit. After visiting campuses, seniors should begin submitting admission applications to the colleges that they are most interested in.

Also, it's important to be aware of application deadlines. It is best to have all applications submitted to colleges by December 1. Students should make sure that they have filled out the FAFSA starting October 1 and be aware of the priority deadlines that each college has to ensure that they are eligible for different scholarship opportunities. If seniors need to take or retake the ACT, they will have one more opportunity December 9 with the registration deadline of November 3.

This link is a great resource that outlines questions to ask on a college visit.

http://nsse.indiana.edu/pdf/nsse_pocketguide.pdf

Sign up for DMACC classes

It's that time of year for juniors and seniors to sign up to take DMACC classes for the spring semester. This is a great opportunity for students to get a head start on the whole college experience plus it's free to students! Students can start taking core college courses now and can begin their college career. Currently, we have 48 students taking a total of 84 classes which comes to a total of at least 222 college credits. The deadline for enrollment is Friday, November 17. Students may schedule an appointment the guidance office.

FAFSA Completion

I would like to remind parents that they are able to complete the 2018 FAFSA (Free Application for Federal Student Aid) form. The national program is restructuring and providing more control to individual state programs. This year FAFSA Ready Iowa will hold events from October 1, 2017 through March 1 2018, working within the new financial aid timeline. Listed below are the locations, and times.

FAFSA Ready Iowa Event Times & Locations

East High School, 815 E. 13th Street, Des Moines, Iowa -- Library
10/18/2017 from 3:30 PM - 8 PM

Forest Avenue Library, 1326 Forest Avenue, Des Moines, Iowa
10/21/2017 from 10 AM - 1 PM

Central Library, 1000 Grand, Des Moines, Iowa
10/22/2017 from 1 PM - 4 PM

Grand View University, 1200 Grand View Avenue, Des Moines
Student Center Room 150
11/14/2017 from 11 AM - 3 PM

DMACC Southridge Campus, 1111 E. Army Post Rd., Des Moines, Iowa
1/23/2018 from 9:30 AM - 12:30 PM



Our Mission:

Everyone's best effort for everyone's best life.

START

your day the right way with School Breakfast!



School Breakfast will give you **MORE** energy, keep your body healthy and help improve your grades!

School breakfast helps kids improve their grades, pay better attention in class, increase school attendance, and improve classroom behavior.

Breakfast is available to *all* students at Saydel High School. Make sure your child is participating so that they can grow to their fullest potential.

For more information, please contact Jessy Sadler, Director of Food Services at 515-264-0866 or email at sadlerjessy@saydel.net.

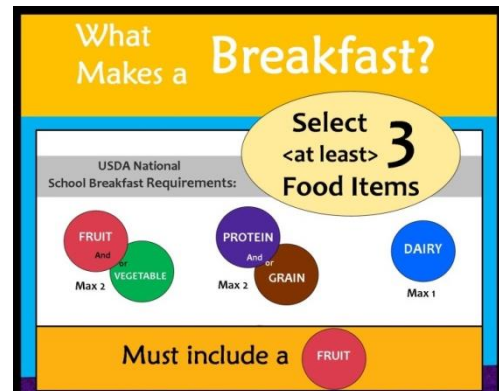
Prices: \$1.70-\$1.90



At breakfast, we are required to offer four components:

- 1-2 ounce equivalent servings of bread/grain
- ½ cup serving of fruit
- ½ cup serving of 100% juice
- Milk

Students are required to take a serving of a fruit to be counted as a reimbursable meal.



Offer vs. serve at breakfast requires students to take 3 of the 4 components. At minimum, we can count a breakfast as reimbursable if a student takes either milk or one 4 oz. juice serving with a combination of the bread/grain and meat components. Without being charged for an extra item, students can take a carton of milk, 4 oz. juice/fruit and a combination of the bread/grain and meat components.

Example 1 of a Reimbursable Breakfast:

Whole Grain Pancakes, ½ cup fruit, and a carton of milk

Example 2 of a Reimbursable Breakfast:

Cereal (1oz container), 1 piece of toast or 1 package of graham crackers, 1 carton of milk, and ½ cup of fruit.

All of our kitchen staff are trained to ensure that each tray holds a reimbursable meal!

Foodservice Office:

Visit www.saydel.k12.ia.us for menus and more information

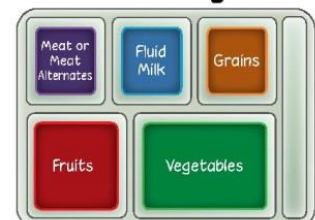
Email: sadlerjessy@saydel.net

Phone: 515.264.0866

Fax: 515.264.0869

Follow us on Twitter: @saydeldining

Build a Healthy Lunch



Saydel High School Students of the Month

Teachers nominated students that they witnessed great things from throughout the month of September. As a reward, Smokey D's generously donated lunch for each student. Congratulations to Natalya Wheeler (9th Grade), Megan Ford (10th Grade), Jessica Guzman (11th Grade), and TJ Stephenson (12th Grade).



Employee & Family Resources Student Assistance Program (SAP) Service Summary

Employee & Family Resources is dedicated to helping students and their families manage life's challenges so they can reach their full potential.

Licensed mental health counselors and clinical workers are available to assist all students and family members experiencing the stress of life's ups and downs. Services are free and are strictly confidential.

Concerns may include:

- Stress
- Anxiety
- Emotional or mental health
- Family or relationships
- Bullying or peer conflict
- Substance abuse



EFR EMPLOYEE & FAMILY RESOURCES

Convenient In-Person Appointments

Up to three (3) visits per year, per separate issue with qualified counselors. Referrals to additional services if needed. SAP offers services in Spanish and interpreting as needed at no cost to the student or family.

24 Hour Support

For immediate support from counselors, call 800.327.4692. Day & evening appointments are available Monday-Friday.

The Brothers Grimm Spectaculathon

The Saydel High School Drama Department will be presenting a production of "The Brothers Grimm Spectaculathon" on November 2 & 3 at 7:00 PM. This play is a hilarious re-telling of the beloved tales of Rapunzel, Hansel & Gretel, The Frog Prince, Snow White, Cinderella, and Little Red Riding Hood. However, these tales are filled with many twists as the actors challenge the accuracy of the originals and the motivation of the characters.

Rehearsals have been filled with nearly constant laughter as the actors work out their parts and the "bits" that bring so much humor to the show. The actors have also been eager to read the parts for students who are at another school activity during rehearsal time. This has allowed them to further explore character development.

The large cast is a testament to the students' excitement to try new things. Please join them on November 2 & 3 for a night of great fun.

CAST

ACTOR	ROLE
Nelson, Karlee	Narrator 1
Jarrell, Jackson	Narrator 2
Guy, Trent	Actor
Aagesen, Reilly	Rapunzel's mother
Gist, Ray	Dirt Merchant
Ford, Megan.....	Enchantress (Rapunzel's captor)
Boozell, Cody	Rumpelstiltskin
Garcia, Darian.....	Rapunzel's Devil
Malone, Andrew.....	Prince (Rapunzel's father)
Bowman, Hannah	Rapunzel
Hiatt, Gabe	Rapunzel's Prince
Boozell, Cody	Audience Instructor
Leeper, Cameron	Hansel
Neddermeyer, Gabby	Gretel
Nelson, Karlee	Hansel & Gretel Witch
Floyd, Kelsey	Girl w/o hands
Loghry, Jessica.....	Mother
Swafford, Payton	Father
Gillespie, Darlene	Book Presenter
Guzman, Jessica	Princess (w/ Frog)
Mazariegos, Manfredo	King (Frog Princess' dad)
Campbell, Bryce.....	Snow White Dwarf 1
Plascencia, Katie.....	Snow White
Webb, Brandon	Snow White's step-mother
Carolus, James	Walt
Leeper, Cameron	Devil
Schmidt, Katie	Devil's Grandmother
Jones, Madi	Doctor
Conley, Taylor	Little Red Riding Hood
Sprague, Trevor	The Wolf
Garcia, Darian.....	Grandma
Guy, Logan	Woodcutter
Aagesen, Reilly	Cinderella
Starnes, Rylee	Wicked Step-Mother
Hiatt, Gabe	Wicked Step-Sister 1
Conley, Taylor	Wicked Step-Sister 2
Brooks, Makail	Birds
Mac	Brandon Webb

TECH CREW

- Gracie Bear
- Bryce Campbell
- Casey Campbell
- Riley Erickson
- Nick Fagen
- Darian Garcia
- Hannah Handeland
- Carleigh Heiss
- Jackson Jarrell
- Kylie Rink
- Carolyn Rose
- John Seufferer
- Quintin Sheppard
- Jayda Tolentino





Governor Reynolds Speaks About FAFSA at Saydel High School

On September 25, Governor Kim Reynolds held a press conference at Saydel High School to talk about the FAFSA completion initiative. Pictured from left: Saydel High School Principal Kevin Schulte, Lt. Gov. Adam Gregg, Saydel graduate Allison Furman, Saydel senior Cody Boozell, Governor Kim Reynolds, Superintendent Douglas Wheeler, and Executive Director of College Student Aid Karen Misjak.

SAYDEL BOARD OF EDUCATION

Brian Bowman, Board President
Jennifer Van Houten, Vice-President
Julie Jennings, Board of Director
Rob Strickler, Board of Director
Chad Vitiritto, Board of Director
Doug Kayser, Board of Director
Roland Kouski, Jr., Board of Director

Superintendent: Mr. Douglas Wheeler
 Board Secretary: Beth Vitiritto



School Board meetings are held at the Saydel District Office on the second Monday of each month at 6 PM

**EDUCATION FOR
 LEADERSHIP;
 LEARNING FOR LIFE**

Saydel High School

5601 NE 7th Street
 Des Moines, IA 50313
 515-262-9325

We're on the Web:
www.saydel.k12.ia.us

It is the policy of the Saydel Community School District not to illegally discriminate on the basis of race, color, national origin, sex, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its educational programs and its employment practices. There is a grievance procedure for processing complaints of discrimination.

If you have questions or a grievance related to this policy, please contact the district's **Equity Coordinator, Julie McKibben, Director of Student Services, 5740 NE 14th Street, Des Moines, IA 50313; mckibbenjulie@saydel.net; 1-515-264-0866.** Office for Civil Rights, Citigroup Center, 500 W. Madison Street, Suite 1475, Chicago, IL 60661; 515-264-0866.